



**To:** Cadence Living Residents, Staff and Families  
**From:** Susan Stangroom, Chief Operating Officer  
**Date:** 8/29/2020  
**Re:** Updates regarding COVID-19 Policies and Procedures

As we continue to monitor the virus in each region of the country and follow the CDC, State and Local Government requirements and work with our Public Health officials it is our goal to continue to move all of our communities to a state of normalcy for our residents while maintaining a safe and healthy environment.

We have started the process of opening up to a Yellow Phase of operations within our communities where possible. Currently all states except for Colorado at this time will be providing for the services as listed below:

- Activity programming will return with a robust effort on our part to return to the fun part of socialization. We will still limit such activities to smaller groups with masks and physical distancing, but a full calendar of activities is returning with enhanced focus. These activities can be found on your updated calendar and your daily informational sheet provided by our Lifestyle Director. Most activities will require you sign up to participate to ensure we are not exceeding physical distancing limits. We look forward to the sounds of laughter resounding in our community!
- The Fitness Room, Pool (where applicable) and Theater will be open with scheduled appointments. Scheduling will allow staff to ensure appropriate disinfecting and distancing between residents.
- Transportation to outings is available with scheduled appointments. These outings are intended to provide an opportunity for residents to enjoy sight-seeing visits to local parks or other outdoor area that will allow residents to get exercise and fresh air in small groups with masks and distancing. All outings will require a sign up by residents in advance.
- Health visit transportation is available with appointment scheduling. There are limited number of seats available as we will be disinfecting and sanitizing between transport so please sign up in advance.
- Dining Rooms will open with spaced seating options to ensure physical distancing. We look forward to seeing you enjoy restaurant style dining once again. Please make reservations organized by the dining team so that we can ensure proper safety protocols and disinfection protocols are in place. If you prefer to continue to take your meals in

your apartment that option will remain available. Please inform the team and provide us with your menu selections in advance.

- We are also scheduling family visits. These will be held in a supervised area. Please schedule with the community in advance to ensure we have the space available.

Residents going out for routine Doctors or Dentist visits who have observed safety protocols such as mask-wearing and hand sanitization will no longer be placed under isolation protocols. However, we will continue to have enhanced monitoring of such residents and any emerging symptoms or resulting Positive cases will require quarantining measures for that resident. All residents have their temperatures taken once per day.

We have been following CDC, state, and local health authority guidelines closely since the outbreak of the virus and following the advice of our clinical professionals on best practices. Masks, physical distancing, hand washing or use of hand sanitizer is required throughout the day and as residents are entering and exiting group activities and dining.

In a further measure to protect against the Coronavirus going forward, we will be routinely testing our team members. All team members will be tested at least once per month with 25% of the total staff tested each week. We will also continue to monitor admittance to the community with temperature checks and team members with potential exposure to the virus will not be allowed to return to work without receiving a negative COVID-19 test result.

We will do our best in this challenging environment to implement these changes smoothly, however we expect some adjustments will need to be made as we collectively try to find the right balance between social engagement and physical protection. Thanks for all of your support as we return each of our communities to the vibrant mission we strive for.

Sincerely,

Susan Stangroom  
Chief Operating Officer